

1993 Track & Field Champs

Belfield 24/25 July

Event	Position	Athlete	Club	Performance
100 M	1	Kieran Finn	Bedford	10.48
	2	Neil Ryan	Nenagh	19.54
	3	Ian Craig	Annadale	10.65
200 M	1	Kieran Finn	Bedford	21.42
	2	Ian Craig	Annadale	21.94
	3	Peter Lyons	DCH	22.09
400 M	1	Sean Mc Ateer	Harolds Cr	48.07
	2	Anthony Foran	Clonliffe	48.09
	3	Stephen Newman	DCH	48.11
800 M	1	PJ O Rourke	Nenagh	1.53.61
	2	Ciaran Mc Givern	Belfast Oly	1.54.01
	3	John Hayes	Raheny Sh	1.52.12
1500 m	1	Niall Bruton	Clonliffe	3.50.93
	2	Frank O Meara	Limerick	3.51.43
	3	Garrett Barry	North Cork	3.52.54
5000 M	1	Paul Donovan	GCH	14.36.95
	2	Noel Berkeley	DSD	14.37.73
	3	Nick O Brien	Salford	14.38.25
10000 M	1	Noel Berkeley	DSD	29.23.20
	2	Richard Mulligan	Clonliffe	29.27
	3	Francie Boylan	Mobaghan	29.52.40
110 M Hurs	1	TJ Kearns	DCH	13.62
	2	Sean Cahil	Cushintowr	13.74
	3	Peter Coughlan	Crusaders	14.73
400 m Hurs	1	Nigel Keaogh	Blackheath	53.94
	2	Kevin Darcy	Ferbane	54.09
	3	Douglas Thom	Ballymena	55.26
20 K Walk	1	Pat Murphy	Castleislan	44.21.56
	2	Bobby King	Dunboyne	45.05.79
	3	Fergal Tansey	Donore	47.14.19
3000 M Chase	1	Enda Fitzpatrick	DCH	8.57.30
	2	Liam O Brien	East Cork	9.03.83
	3	John Murray	Leevale	9.08.09
Hammer	1	Patrick Mc Grath	Raheny Sh	65.46
	2	Conor Whelan	USA	58.14
	3	Brendan Fitzgibbon	DSD	57.58
Discus	1	Nick Sweeney	DSD	57.3
	2	John Menton	Donore	49.38
	3	Frank O Brien	Dungarvan	49.32
Shot Putt	1	Paul Quirke	Crusaders	17.54
	2	Barry Walsh	Stoke/ Lim	14.27
	3	Liam Gleeson	DCH	14.03
Long Jump	1	Jonathon Kron	DCH	7.40
	2	Alan Giblin	Naas	7.13
	3	Robert Downer	DCH	7.00
Triple Jump	1	Michael Mc Donald	Queens Ur	15.26
	2	Jim Hayes	Waterford	14.49
	3	Robert Downer	DCH	14.09
High Jump	1	Mark Mandy	Cannock	2.10
	2	Antoine Burke	Dooneen	2.05
	3	Peter Ruby	Leevale	2.00

Pole Vault	1	Neil Young	Lisburn	4.40
	2	John Hallissey	Ferrybank	4.30
	3	Joe Naughton	Nenagh	3.90
Javelin	1	Terry Mc Hugh	DCH	72.28
	2	DS Mahon	Lisburn	60.64
	3	Damian Crawford	Sparta	59.48
56 Lbs Distance	1	John Menton	Donore	8.61
	2	Seamus Fitzpatrick	North Laois	8.09
	3	Pat Maher	Brow Rang	7.56

Women

100 m	1	Michele Carroll	Crusaders	11.74
	2	Terri Horgan	DCH	11.95
	3	Emer Hastrup	Clonliffe	12.06
200 M	1	Michele Carroll	Crusaders	24.25
	2	Emer Hastrup	Clonliffe	25.13
	3	Vivienne Mc Gordrick	Lisburn	25.23
400 m	1	Stephanie Mc Cann	Lisburn	55.68
	2	Emma Nicholson	DSN	57.47
	3	Michele Gregg	West Dubli	57.7
800 M	1	Geraldine Nolan	KCH	2.08.12
	2	Bernie Kavanagh	Metro	2.09.97
	3	Emer Molloy	Mullingar	2.12.47
1500 M	1	Anita Philpott	North Cork	2.24.36
	2	Geraldine Nolan	KCH	4.30.00
	3	Matia Mc Cambridge	DSD	4.32.78
100 M Hurs	1	Patricia Naughton	Nenagh	14.31
	2	Orla Bermingham	Essex Ladi	14.33
	3	Brid Hallissey	Ferrybank	14.6
400 M Hurs	1	Stephanie Mc Cann	Lisburn	60.2
	2	Olive Birke	Limerick	61.88
	3	Lisa Nicholson	DCH	63.18
Long Jump	1	Terri Horgan	DCH	6.29
	2	Jacqui Stokes	Ferrybank	5.99
	3	Michelle Rea	Lisburn	5.94
High Jump	1	Sharon Foley	Lifford	1.75
	2	Breda Brown	Nenagh	1.65
	3	Olivia Scully	Emerald	1.6
4 kg Hammer		Brenda Thompson	Slaney	35.2
	2	Philomena Whit	DMP	31.04
	3			
Triple Jump	1	Siobhan Hoey	UCD	12.02
	2	Kathy Mc Donnell	Redeemer	11.7
	3	Janice O'Brien	Newbridge	11.54
Shot Putt	1	Kathy Kane	Blackpool	13.01
	2	Mary Mahon	West Dubli	12.73
	3	Emma Galvin	Limerick	12.11
Discus	1	Mary Mahon	West Dubli	42.6
	2	Martha Halpin	DMP	38.96
	3	Bridie Lynch	Ayrfield	37.88

1993 BLE Inter Counties Cross Country

Ballyhaise 13 th December

Senior Men

1	Richard Mulligan	Galway	32.12
2	Peter Mathews	Dublin	32.31
3	Noel Richardson	Limerick	32.33
4	David Burke	Westmeath	32.47
5	Noel Cullen	Dunlin	33.02
6	John Murray	Cork	33.07
7	John Burke	Westmeath	33.09
8	Gerry Mc Grath	Dublin	33.11
9	John Mc Ginchey	Donegal	33.13
10	Pauric Mc Kinney	Donegal	

Teams

1	Dublin A	92
2	Cork A	129
3	Donegal A	139
4	Waterford B	223
5	Tipperary A	273
6	Westmeath A	288

Senior Women

1	Catherina Mc Kiernan	Cavan	18.08
2	Maureen Harrington	Cork	19.06
3	Teresa Duffy	Ind	19.45
4	Susan Jenkins	Dublin	19.55
5	Belinda Mc Ardle	Donegal	19.57
6	Bernie Stankard	Galway	19.59
7	Dawn Hargan	Donegal	20.03
8	Kay Byrne	Donegal	20.07
9	Josephine Macken	Mayo	20.19
10	Sharon Leon	Dublin	20.26

Teams

1	Donegal A	39
2	Dublin A	46
3	Cork A	81
4	Mayo A	97
5	Galway A	109
6	Kerry B	113

Junior Men

1	Darren Burke	Laois	19.59
2	D Healy	Cork	20.1
3	D Keenan	Cork	20.17
4	P Mc Namara	Galway	20.21
5	K Maher	IND	20.23
6	T Foolkes	Cork	20.28
7	D Fahey	Galway	20.32
8	Cormac Smith	Dublin	20.42
9	Derek Waters	Dublin	20.42
10	R Fahey	Cork	20.44

Teams

1	Cork A	54
2	Dublin A	69

3	Galway A	173
4	Tipperary B	263
5	Clare B	274
6	Laois	296

Junior Women

1	Catriona Mc Granaghan	Donegal	16.05
2	A Murphy	Cork	16.18
3	V Lynch	Cork	16.18
4	Fionnuala Canning	Leitrim	16.26
5	Margaret Mc Partland	Clare	16.34
6	Eimar Smith	Cavan	16.51
7	Nuala Power	Limerick	17.06
8	Maria Mc Cambridge	Dublin	17.13
9	Barbara Joyce	Limerick	17.18
10	Gwen Ryan	Limerick	17.25

Teams

1	Cork	32
2	Donegal	51
3	Dublin	79
4	Offaly	107
5		
6		